



KAHIBAH PUBLIC SCHOOL

POSITIVE RELATIONSHIPS FOR POSITIVE LEARNING.

19th November 2019

Web Page: www.kahibah-p.school.nsw.edu.au

Phone: 4943 4501

Principal's Report

Quality Work

Students in 2F have been working hard with Mrs Filipo to make a difference. Since the relocation of the carpark, which has extended the playground, students have noticed that the gradient where the cars used to park is not very functional for play and decided to research, investigate and take some action. The class discovered that Grillex is giving a school the chance to win an outdoor makeover valued at \$10,000, so 2F decided to be a little creative and put their poetry skills to work, even including some detailed sketches of their proposed designs to tell Grillex which outdoor space at Kahibah PS needs a makeover. The poem was definitely creative and fingers crossed its persuasive enough to win some Grillex outdoor products to make it happen. Great work 2F!

Kindergarten Orientation

It has been lovely welcoming our 2020 Kindergarten students to our school over the last few weeks as they have had a little taste of big school and hopefully enjoyed meeting their Year 4 buddies and some of our teachers as they participated in a variety of classroom activities. Thank you to the staff members and current 2019 Kindergarten parents, who assisted in the organisation of the mornings' activities and with the serving the morning teas. We look forward to our 2020 Kindergarten children and their families joining us again in the new year.

Remembrance Day Assembly

On Monday, 11th November, Kahibah PS held a brief Remembrance Day service at school. The School Captains did an excellent job of speaking at the service and we thank Nikita from 5/6D for deepening our understanding of the contributions made by Indigenous Australians to the Australian Defence Force. Students are to be commended for their respectful behaviour during the service and we thank Mrs Dawson and Mrs Audet for overseeing the organisation of the proceedings.

2020 School Captains & Student Leadership Team

Parents, families and interested members of the school community are invited to attend our special assembly on Thursday 21st November at 9:30am where successful applicants will present a speech to the student body in an attempt to secure votes for a 2020 student leadership position. Years 2 to 6 and staff will then vote by ballot paper after the assembly.

Colour Run

Just a reminder that this Friday 22nd November is the much anticipated Run4Fun Colour Explosion. Students are reminded to wear a plain white shirt to achieve maximum colour effect; a pair of old shorts that they don't mind getting wet and/or splashed with colour; and old socks and old joggers. Each student will be provided with a pair of sunglasses for eye protection and medical type face masks are available upon request for anyone who suffers with asthma. Parents and carers are invited to join us for the afternoon and even participate by either assisting with the throwing of colour powder as students pass by; or by running the course with their child/ren.



WEEKLY PROGRAM.....

Classes Begin - 9am and finish 3pm

Assemblies fortnightly on Monday

K-2 1-1.40pm

Yrs 3-6 - 2-3pm

Monday - Uniform Shop 8.30am-9am

Wednesday - Student Banking

Wednesday - Drum Lessons

Thursday - Band & Music Lessons

Thursday - Guitar Lessons

Friday - Band & Music Lessons

Friday - School Sport

3rd Tuesday of each month - P&C Meeting

WHAT'S AHEAD.....

⇒ **Tonight** - Final P&C Meeting for 2019, 7pm in the Library

⇒ **Nov 22nd** - Run 4 Fun Colour Explosion

⇒ **Nov 29th** - Yr 6 Mini Fete

⇒ **Dec 10th** - Thank You Breakfast

⇒ **Dec 11th** - Year 6 farewell

⇒ **Dec 13th** - Presentation Day K-2 9am, Yr 3-6 10.30am

⇒ **Dec 18th** - last day of school, talent quest and clapout

CURRENT NOTES....

⇒ Run 4 Fun Colour Explosion

⇒ Mini Fete

⇒ Stage 3 Surfing Program

⇒ Year 6 Farewell

Quality Behaviour

The following students have been recognised by a teacher for;

CLASS	RESPECT	RESPONSIBILITY	EXCELLENCE
KN	Mahmood A	Jayden K	Tullock V
KT	Eadie I, Vayda P	Will L	Lucy G
K/1S		Matilda F	Hamish D
1B	Elwood B	Zephyr C	Ruby P, Scarlett S
1N		Emmie A, Beau R	Caitlyn W, Claire W
2D	Ashley C-M	Bodhi McC	Elanah W
2F	James B, Edith M	Imogen M, Max McC	Lachlin J, Jaeger P
3/4A	Grace C, Serena E	Asha F, Leila G	Renni C, Hendrix F
3/4H	Sienna E, Leni W	Tahlia S, William T	Grace H, Samarah W
3/4L	Marnie C, Ayden McC	Blake H, Taylan R	Elsie E, Alby L
4/5K	Isabelle M, Ruby T	Liam R, Bailey W	Charlotte B, Phoenix P
5/6B	Eddy M, Evelyn S	Annabelle H, Thomas H	Harry J, Jayden W
5/6D	Carter D, Bailey N	Emalee D, Ava R	Lulu B, Kohbi-Lee S
5/6F	Jack R, Catherine S	Brayden C, Annan H	Archie A, Luke M

Whitebridge HS Orientation Session

Families of current Year 6 students are invited to attend a morning session as part of the 2020 Year 7 Whitebridge HS Orientation Program on Tuesday 3rd December. It is believed that fee payment, uniform sales and school supplies will be available for purchase from 8:30am at the high school with the other proceedings running from 9:30am to 11:30am. Families should have already been notified of this important event.

Staffing Update

We welcome Ms Christine Thompson who has been assigned to our school for the remainder of the year. Ms Thompson will be working with Stage 3, particularly on 5/6F, at this very busy time of year.

Bush Fires

Throughout the recent unprecedented weather conditions and bush fire activity, the Department, in conjunction with the Rural Fire Service and State Emergency Services, made informed decisions, which were strongly based on safety considerations, when determining the operational status of each school. The Department of Education has student safety and wellbeing as its highest priorities. Our school was operational and we made adjustments to our daily routines to minimise exposure to smoke. All students and staff were safe at all times.

School Bus Travel

Parents of school students who travel by bus will need to apply online for their School Opal card, which will be delivered in 2020. This includes parents who have children starting at kindergarten, moving from Year 2 to 3, starting high school, changing schools or changing their address next year.

Parents and students who need to apply for a School Opal card can go to the website www.transportnsw.info/school-students

Classes for 2020

We are looking at student numbers and beginning to get organised for 2020. If you know that you won't be returning to Kahibah PS next year, please advise the front office. Alternatively, when speaking to your friends and neighbours, encourage them to enrol their children here with us if they live locally and are looking for a great school.

Mrs Honi Faasisila
Kahibah Public School
Principal

Mini Fete


On Friday November 29th (Friday Week 7), Year 6 will be holding their annual fund-raising effort to raise money for their farewell celebrations and gift to the school.

During the Mini-Fete, Year 6 students will operate a number of stalls to provide the rest of their peers with an afternoon of exciting activities.

Tokens will be available for purchase from classroom teachers from **Monday 25th November to Friday 29th November** to use as currency at the stalls.

Prices are:- **20 cents each, 5 tokens for \$1.00 or 25 tokens for \$5.00**

The fete will run from 12:30 – 2:00 pm students will have the opportunity to eat recess in their classrooms before the fete begins.



YEAR 6 MINI-FETE

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During the Mini-Fete, Year 6 students will operate a number of stalls to provide the rest of their peers with an afternoon of exciting activities.

Tokens will be available for purchase from classroom teachers from **Monday November 25th to Friday November 29th** to use as currency at the stalls. Prices are:-

20 cents each or 5 tokens for \$1.00 or 25 tokens for \$5.00

Tokens are non-refundable. No cash will be accepted at the stalls.

One highly popular stall, is the White Elephant Stall (Trash 'n' Treasure) which will only be successful with a little bit of your help. If you could donate any unwanted items for the stall that would help immensely, e.g old toys, DVD's, children's books, etc.

Year 6 students will come around each morning and collect them from the class.


There will also be a cake and drink stall provided by Year 5.

Year 6 are planning to provide the best mini-fete ever this year so bring your tokens and be prepared for an afternoon of fun filled stalls and even have the chance to throw a sponge at your favourite teacher.

The fete will run from **12:30 – 2:00pm** students will have the opportunity to eat recess in their classrooms before the fete begins.

See you there!

Year 6 teachers



Kahibah PS Canteen Roster - Term 4, 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Nov - Wk 6	18 HELP NEEDED	19 Bec	20 Kristie	21 Chrissy	22 Peta HELP NEEDED HELP NEEDED
Nov/Dec - Wk 7	25 Madelon	26 Leigh	27 Bec	28 Claire	29 HELP NEEDED HELP NEEDED HELP NEEDED
Dec - Wk 8	2 Shani	3 HELP NEEDED	4 Kristie	5 Vicky	6 Peta Sharni M HELP NEEDED

If you are able to fill a spot in TERM 4 please call into the canteen or contact Kura on 0466 308 893



The School Run4Fun Colour Explosion will be held this Friday 22nd November starting at 1.30pm. We do ask that you bring a spare change of clothes to school, most importantly a plain white shirt as the students will be covered in powder from head to toe. The day's focus is on fun and fitness with the added benefit of raising funds for our school.

Colour Powder

The colour powder used in our event has been sourced direct from India, the home of Holi Powder. It is made of high quality corn starch and permitted food colours. It's non-toxic, biodegradable, skin safe and environmentally friendly. Toxicological Risk Assessment and ingredient listings can be obtained from the School Office upon request. Students with asthma are advised to be careful in their decision to participate.

How Does My Child Fundraise?

Students have now received a Sponsorship Form with instructions on how to raise money and order prizes. Students obtain donations in cash using the Sponsorship Form together with online fundraising. Create a Student Profile Page at www.myprofilepage.com.au which is unique to you. There are also some great features like recording your sponsorships and selecting your prize goal. Students who raise as little as \$10 or more will receive an incentive prize for their efforts. But why not aim higher? You have the option to choose up to five (5) prizes and this will set your fundraising goal. Family and friends are your greatest supporters, so ask them first for your support. You will reach your fundraising goal in no time.

Thank you in advance for your participation, and get ready for a BLAST OF COLOUR! Happy fundraising!

We are looking for volunteers to assist on the day. If you are available, your support would be greatly appreciated.

Please contact Brooke on 0410 341 699.

Kahibah Public School P & C

Canteen News

Hello from the canteen

A big thank you to everyone who has put their name down on the roster to help out, especially the new helpers.

There are a few empty spots for this year to still be filled. So please ring me on 0466308893 if you can help.

This week's deal: \$5.00

Taste of Italy

Pasta bolognese

Hot cheese roll

Messy monkey (any choice)

Frozen juice cup (any choice)

Some other suggestions for lunch:

Homemade burrito with lettuce, carrot, tomato, cheese and avocado - \$3.00

School salad available as bowl, wrap or sandwich \$2.50. Salad has lettuce, carrot, tomato, cucumber and cheese or with a choice of meat. - \$3.00

Thank you

Kura Donnelly

Canteen Supervisor

Good for Kids good for life

TIPS TO HELP KIDS EAT VEGGIES

ADD TO EVERY MEAL
 • Add on sandwiches/wraps
 • Offer cut up veggies as snacks
 • Fill half the plate with veggies

ENCOURAGE YOUR CHILD
 • Show them you like eating veggies too
 • Add veggies to food they already like
 • Be positive and persistent. It takes 10 to 15 times to like a new food

TRY A VARIETY
 • Fresh, frozen, canned, raw or cooked
 • Different colours
 • Buy in season

EAT MORE VEGETABLES and fruit

Vegetables and Fruit taste great and keep us healthy. Everyone should eat Fruit and veggies every day. Most kids eat Fruit each day but they don't eat enough veggies.*

*Australian Bureau of Statistics (National Health Survey, 2014-15)

Health
Hunter New England
Local Health District

MAKE HEALTHY NORMAL

This resource has been developed by Western Sydney Local Health District, published November 2018

HNELHD-GoodForKids@health.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>

The simplest way

... to swap ham out of the lunch box.

We know that ham is a lunch box staple for many families, however, Cancer Council recommends that we limit or avoid processed meats such as ham, salami and bacon, because of their link with increasing the risk of bowel and stomach cancer.



One way to help your family limit their intake of processed meats is to keep them out of the lunch box. Better choices include:

- BBQ chicken with skin removed
- Canned tuna or salmon
- Boiled eggs
- Hummus
- Cheese
- Leftover home-cooked meat
- Home cooked mince

For more ideas visit healthylunchbox.com.au

healthylunchbox.com.au

PLAY AT CENTRAL



REGISTRATIONS OPEN
2ND DECEMBER 2019

ACTIVE KIDS VOUCHER ACCEPTED

OPEN TO BOYS AND GIRLS



REGISTER AT
PLAYRUGBYLEAGUE.COM



EMAIL CENTRALJUNIORPRESIDENT@GMAIL.COM FOR QUESTIONS
 FACEBOOK.COM/CENTRALCHARLESTOWNJUNIORRUGBYLEAGUECLUB

Enrol now



Uniting Adamstown Heights Preschool has limited vacancies for 2020

For more information please call us on 4943 6544 or email ygach@uniting.org or feel free to pop in for a tour and meet us in person.

Address: cnr Northcott Dr and Ellerslie Rd

Adamstown Heights NSW

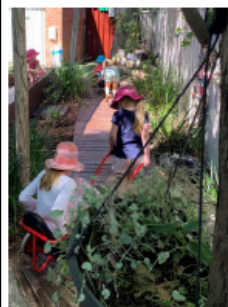
Hours: 8.30-4 during school terms only

Ages: 3-5 years

A much loved part of the community, Uniting Preschool Adamstown Heights has been nurturing confident and creative learners for more than 30 years. Operating during school terms, Adamstown Heights Preschool caters for 30 children per day through the implementation of a high quality, flexible, simultaneous indoor outdoor program where children choose the focus of their learning.

With a strong focus on building positive relationships, the team at Adamstown Heights Preschool work closely with children, families and our local community to ensure that all children are given opportunities to develop to their full potential within a community where being, belonging and becoming are at the core of everything we do. An experienced and dedicated team of Early Childhood professionals develop individual programs and experiences which build on children's strengths and interests and foster a love of learning.

Located close to the Newcastle CBD but tucked away in a leafy setting, Adamstown Heights Preschool has a strong focus on nature play, sustainable practices and developing children with a deep sense of social justice and equity. Our future leaders are given opportunities to contribute to their world through roles such as preschool leaders, cooperation champion, Seemore Safety Officer, Sparky the Electrician and Water-wise owl. Deep connections to the Indigenous culture are evident from the time you enter the preschool with children engaging in culture sharing experiences weekly with Indigenous students from Belmont High School, undertaking an Acknowledgement of Country each morning at our yarning circle and the embedding of Aboriginal perspectives in all aspects of our curriculum.



Uniting



P: 4920 9017 E: heritagemeatco@gmail.com
 A: 8 Glebe Street Kahibah NSW 2290

Call Teresa for your free
Market Appraisal today!

Sell your property with
Teresa Heighington and \$200 will
be donated to Kahibah Public School.

0438 637 513
teresa.heighington@raywhite.com

Ray White.



SARJO
«CONVEYANCING»

2/2 GLEBE ST, KAHIBAH | 4943 8880
 SARAH SMITH JODIE HILLYARD

TO SECURE YOUR CHILDS PLACE
REGISTRATION & PRE-PAYMENT ARE ESSENTIAL
Limited number of places available
NO REGISTRATIONS WILL BE TAKEN ON THE DAY

PAID REGISTRATIONS due by **1st December 2019**

Child's Name:

AGE: PHONE:

ADDRESS:

Allergies/Medical Conditions:.....

Special Dietary Condition:.....

Physical Activities: YES / NO (please circle)

Activities in the Park: YES / NO (please circle)

Permission for Photos: YES / NO (please circle)

Payment Enclosed \$ Donation \$
(Cheques payable to "Charlestown U.C. Just Kids")

Emergency Contact:

Name:

Phone/Mobile:

I give permission for my child
to attend the Kid's Fun Club at the Whitebridge Uniting
Church. I understand that all care will be taken, and I
give permission for medical help to be obtained in
case of an emergency.

My child will be picked up / will go home on their own.

Signed: Date:



Charlestown Uniting Church
Milson St. Charlestown

Kid's Fun Club Advent Workshop

Wednesday 4th December, 2019
(Children in Years K - 6)

4pm - 7.30pm

At Charlestown Uniting Church
26 Milson St, Charlestown

Cost \$10 per child or Family \$20.
(includes Dinner & Craft)

Registrations & payment essential by 1/12/19

All enquires please phone:

4944 7826 - Laraine

OR 0409445933 - Cathy

Post form & payment to:-
Charlestown Uniting Church
P O Box 449
Charlestown. 2290

Office Opening Hours:
Tues; Wed; Fri:
9:30 - 1pm

Tear along dotted line & keep for your information

K A H I B A H S P O R T S P R E S E N T S

Carols ON THE GREEN

Saturday 14th December 2019
from 6pm

**Bring a picnic blanket and
grab a spot on the green.**

Enjoy local schools performing carols,
a visit from Santa plus loads more...

