



# Kahibah Public School

*Respect, Responsibility, Excellence*



Education

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14<sup>th</sup> October 2020

## GREAT AUSSIE BUSH CAMP YEAR 5 & 6 2020



Dear Parents and Caregivers,

Our annual Year 5 and 6 trip to Canberra has been changed to a trip to The Great Aussie Bush Camp! We are very lucky to have been able to secure this last minute booking.

Our activities list is: canoeing, dual flying fox, giant swing, high ropes, powerfan (cable controlled base jump), Lost Mud World Challenge, raft building, 'County Fair' and commando spot lighting. We will also have a stop at Hexham McDonalds on the way back to school on the Wednesday.

Check out the Great Aussie Bush camp website for pictures of these exciting activities! Students are encouraged to participate in each activity to the best of their ability but each student gets to decide their own level of participation. Safety is first and foremost in every activity, closely followed by fun!

Please find attached to this note the following forms and information notes:

1. Parent and Student letter
2. Camp Guidelines and Rules
3. Gear Checklist for Children. Sample Menu. Site Map
4. School Consent, Medical, Dietary & Behaviour Contract Forms

**Please read, fully complete, sign & return the last 2 double-sided pages of this pack to class teachers ASAP.**

Uniform is not needed during camp at all but please see the 'Gear Checklist' note for information about appropriate clothing. Keep in mind that it can get cool, quite hot or wet at camp at this time of year. Check weather forecasts.

**\*\* Please pack mozzie repellent, sunscreen, money for the gift shop and for Maccas, swimmers and a couple of towels (1 for showers, 1 for water activities)\*\***

**\*\*\* You will need 2 pairs of joggers that you are willing get wet & muddy as well as joggers to keep dry for all other activities. Pack extra socks and plastic bags for wet clothes \*\*\***

Mobile phones, iPads, iPods, MP3 players, electronic games etc MUST NOT UNDER ANY CIRCUMSTANCES be taken to camp.

Warm Regards, Stage 3 Teachers 2020

*“Positive Relationships for Positive Learning”*

**Kahibah Public School**  
**YEAR 5/6 GREAT AUSSIE BUSH CAMP EXCURSION 2020**



<b>Excursion / Activity:</b>	2020 Great Aussie Bush Camp Excursion
<b>Date:</b>	Monday 26 October- Wednesday 28 October 2020
<b>Venues:</b>	Great Aussie Bush Camp, Tea Gardens
<b>Times / Places:</b>	<p><b>Depart School - 9:15am</b> from the Frith Street entrance.</p> <p><b>Return to School - Approximately 1.30pm</b> at Frith Street entrance. Students may be picked up early or relax and debrief with their classmates.</p>
<b>Students / Class:</b>	90+ Year 5 and Year 6 students
<b>Total Cost of program:</b>	<p><b>Total cost of \$288</b></p> <p><b>Balance due Monday 19<sup>th</sup> October.</b></p> <p>This price includes all bus travel, all food, daytime activities, night time activities and accommodation.</p>
<b>Last Day to Pay:</b>	<b>Monday 19<sup>th</sup> October</b>
<b>Transport:</b>	Port Stephens Coaches
<b>Supervising staff:</b>	Kelly Bruce, Georgia Dawson, Evan Finlay and Carly Kinloch
<b>Please bring:</b>	Students will need a small backpack with water, recess (1 <sup>st</sup> day), sunscreen, hat & mozzie repellent to carry with them. Large bags will be packed underneath. (See attached packing list.)
<b>Students must wear:</b>	Casual active-type clothes and closed shoes at all times
<b>Additional Information:</b>	Students will attend a 3-day excursion to Great Aussie Bush Camp as a replacement to our Canberra excursion.
<b>Approved by Principal:</b>	<i>H. Faasisila</i>
<b>Return note by:</b>	<p><b>Friday 16<sup>th</sup> October 2020</b></p> <p><b>Numbers need to be submitted to the camp &amp; bus company by this date.</b></p> <p><b>If your child is not attending please return the bottom slip on this page.</b></p>

**Medical Disclaimer**

Parents - please note there is no personal injury insurance cover provided by the NSW Department of Education and Training for students in relation to school sporting activities, physical education lessons or any other school activity. Parents and caregivers are advised to assess the level and extent of their child's involvement in the sport program offered by the school, zone, area, and state school sport associations when deciding whether additional cover, above that provided by Medicare, is required. The NSW Supplementary Sporting Injuries Benefits Scheme, funded by the NSW Government, covers any injury resulting in the permanent loss of a prescribed faculty or the use of some prescribed part of the body.

## Parent and Student Letters

Dear Parents / Students,

We at The Great Aussie Bush Camp look forward to your schools visit. This letter (and associated forms), will hopefully provide insight into our organisation and the proposed program, so that you can make an informed decision about your child's attendance.

Program Dates: \_\_\_26\_\_\_ / \_\_\_10\_\_\_ / \_\_\_2020\_\_\_ to \_\_\_28\_\_\_ / \_\_\_10\_\_\_ / \_\_\_2020\_\_\_

School Pick Up Time: **9.15am** (please be at least 15 minutes early for marking of names etc)

Return To School Time: **1.30pm**

Cost: **\$ 288.00** Deposit \$ 50.00 *Paid in Term 1*

**Balance** please pay by **19th October, 2020**

At The Great Aussie Bush Camp our mission is to deliver the best possible outdoor recreation based teaching and learning outcomes for our clients through programs that are:

- Fun
- Challenging
- Diverse
- Relevant
- Memorable

In delivering these programs our goal is to:

- Place the safety and well being of our clients above all else
- Adhere to the highest possible standards as teaching and learning providers.

We hope like the tens of thousands of happy and satisfied students who visit us every year, that your child's stay at The Great Aussie Bush Camp will be just as memorable.

Our team members are of the highest quality. Our activity instructors are energetic, enthusiastic and are highly trained to run all activities. They all hold first aid and resuscitation qualifications. Challenge and enjoyment along with safety are the main aims of our programs. We have an excellent safety record due to our extremely high standards.

We ask that you read the camp guidelines carefully. In order to maintain the safety and enjoyment of people involved, any student who breaches these guidelines may have their parents/carers contacted and asked to be collected from camp.

All accommodation, amenities and associated facilities are clean, comfortable and well maintained. The programs are fully catered with ample availability of nutritious and tasty food; special dietary requirements can be accommodated.

We aim to provide students with memorable and authentic lifetime experiences and hope that you / your child can be a part of our program.

Yours sincerely,

Management,  
The Great Aussie Bush Camp



## Camp Guidelines and Rules

Students should be aware of these Guidelines

- Never leave camp or an activity without permission.
- All activities must be supervised by a teacher and instructor.
- Listen to and follow instructor's guidelines.
- Closed in shoes and hats should be worn at all times.
- Respect male and female areas; enter no room other than your own.
- Respect the natural environment, use bins provided, don't damage the bush.
- No pocket knives, glass, valuables, electronic equipment, or mobile phones are to be brought to camp.
- Do not approach, or attempt to pat the wildlife.
- All accidents / damage to equipment must be reported.
- Wilful damage will be paid for by the individual(s) responsible.
- Do not eat or drink in tents / cabins / dorms.
- No chewing gum to be brought to camp.
- Respect others after lights out. There should be no need to leave your tents / dorms / cabins after lights out.
- Each group is responsible for the ongoing cleanliness of the room / tent.
- To avoid accidents please do not run around campsite areas.
- As a general rule, students will not be removed from activities as punishment. They may be given a 5 minute time out to reflect.
- Allocating extra duties or taking away free time may also be used as behaviour management strategies.
- We may exclude students whose behaviour could result in serious danger or distress to themselves or others. In extreme cases, after consultation with teachers, the parents / guardians may be contacted and the student/s will be sent home.

## Health, Safety and Medication

Teachers are to forward to us completed Special Needs Forms and Dietary Forms prior to coming to camp. Teachers are to bring the following forms with them when they attend camp, Medical and Consent Forms and Current medication requirement.

### Asthma

It is vital that parents / guardians of children who suffer from Asthma provide sufficient information or an Asthma Management Plan. This will enable team members / teachers to take appropriate action in the event of an Asthma attack.

Teachers will dispense any medication as required.

Camp team members have First Aid and Resuscitation certificates.

There is an on-site First Aid Room. For any accidents / sick students we have a Doctor in Tea Gardens (10 minutes). There is an ambulance service in Tea Gardens (10 minutes) and Karuah (10 minutes). The nearest hospital is The Maitland Hospital (1 hour) and John Hunter Hospital, Newcastle (1 hour).



## Gear Checklist – Children (Based on a 3 day camp)

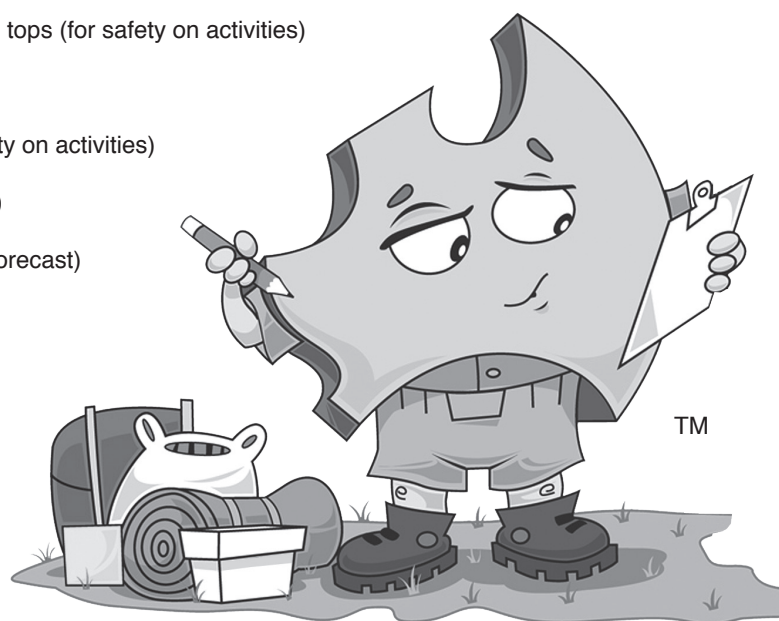
PLEASE CLEARLY NAME ALL ITEMS

MEDICATION NEEDS TO BE GIVEN TO THE ORGANISING TEACHER

The checklist below is a guide only. It is a good idea for students to pack their own bags so that they can re pack for the trip home.

- Mess kit (plate, cup and fork) Non disposable
- Water bottle
- Raincoat (regardless of forecast)
- Hat or cap
- Sleeping bag (extra blanket in winter)
- Pillow
- Sunscreen & Hand Sanitiser
- 1 pair pyjamas (tracksuit in winter)
- Day pack (small backpack for water, sunscreen, etc)
- Torch (make sure it works before you leave home)
- Toiletries (including toothbrush!)
- Insect repellent
- 2 pairs of runners (1 old pair for water activities)
- Thongs – only for going to and from showers
- 3 T-shirts needed, no singlet tank tops / midriff tops (for safety on activities)
- 3 sets of underwear
- 3 pairs of shorts - NO MINI SHORTS (for safety on activities)
- 3 pairs of track pants (if cold weather forecast)
- 2 sloppy joes / windcheaters (if cold weather forecast)
- 3 pair socks
- Bath towel
- Beach towel and swimmers
- Optional - camera, money for souvenirs
- Tissues / hankies
- Plastic bags for wet clothes / towel.

\* **MONEY FOR MACCAS & Souvenirs**



## Sample Menu

### Day 1

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<b>Lunch</b>	Hamburger and Salad Fruit / Drink
<b>Afternoon Tea</b>	Fruit / Cold Drink
<b>Dinner</b>	Spaghetti Bolognaise and Garlic Bread Ice Cream
<b>Supper</b>	Hot Chocolate and Biscuits

### Day 2

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<b>Breakfast</b>	Variety of Cereals Spaghetti, Baked Beans, Eggs, Pancakes Toast and Spreads
<b>Morning Tea</b>	Museli Bars / Fruit / cold drink
<b>Lunch</b>	Cold meat and salad sandwiches
<b>Afternoon Tea</b>	Fruit / Cold Drink
<b>Dinner</b>	Chicken Dish with Rice and Garlic Bread Ice Cream
<b>Supper</b>	Hot Chocolate and Biscuits

### Day 3

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<b>Breakfast</b>	Variety of Cereals Spaghetti, Baked Beans, Eggs, Pancakes Toast and Spreads
<b>Morning Tea</b>	Fruit / Cold Drink
<b>Lunch</b>	BBQ Sausage or Hot Dog / Fruit / Cold Drink

This menu is used as a guide only; changes may be made at any time.  
Special Dietary requirements will be catered for when advance notice is given.





# Site Map



- KEY**
- A - ADMINISTRATION OFFICE / DINING HALL
  - B - OFFICE (PHONE), FIRST AID ROOM
  - C - PETROL STATION
  - H - HEXI - SHED
  - S - SNOW CONE SHED
  - E - EVACUATION ASSEMBLY AREAS
  - W - WATER SUPPLY
  - T - TEACHER & STUDENT ACCOMMODATION
  - ST - STUDENT ACCOMMODATION
  - F - FIRST AID KITS
  - FI - FIRE PLACE
  - A - AMENITIES
  - P - PARKING





TEA GARDENS

# Kahibah Yr 5/6 Program 26/10 - 28/10/2020

# TEAM GARDENS



MONDAY	TUESDAY	WEDNESDAY
<b>11.00am</b> Arrive at Camp / Welcome 	<b>6.15am</b> Rise and Shine <b>6.30am</b> BREAKFAST (HQ) <b>7.30am</b> Prepare for Activities <b>8.00am</b> Activity 3 1 Canoeing (d)    3 Dual Flying Fox (b) 2 Giant Swing (b)    4 Rock Climbing <b>9.45am</b> Morning Tea <b>10.00am</b> Activity 4 1 Rock Climbing    3 Giant Swing (b) 2 Canoeing (d)    4 Dual Flying Fox (b)	<b>6.00am</b> Rise and Shine <b>6.30am</b> Pack Up / Clean Up <b>BREAKFAST (HQ.)</b> <b>7.30am</b> Finish Pack Up <b>8.00am</b> Activity 7 1 Raft Building (a)    3 Rock Climbing 2 Dual Flying Fox (b)    4 High Ropes (a)
Accommodation	<b>11.45am</b> LUNCH (HQ) <b>12.45pm</b> Activity 5 1 Dual Flying Fox (b)    3 Raft Building (a) 2 Rock Climbing    4 Canoeing (d)	<b>10.00am</b> LUNCH <b>11.00am</b> Depart Camp
<b>11.30am</b> LUNCH (HQ) <b>12.30pm</b> Group Allocation <b>1.00pm</b> Activity 1 1 High Ropes (a)    3 Canoeing (d) 2 Raft Building (a)    4 Giant Swing (b)	<b>2.45pm</b> Morning Tea <b>3.15pm</b> Activity 6 1 Giant Swing (b)    3 Lost Island 2 High Ropes (a)    4 Lost Island <b>5.00pm</b> Showers <b>6.00pm</b> DINNER (HQ) <b>7.00pm</b> Night Activity Commando (b)	
<b>3.00pm</b> Afternoon Tea <b>3.15pm</b> Activity 2 1 Lost Island 2 Lost Island 3 High Ropes (a) 4 Raft Building (a)	<b>7.00pm</b> Night Activity County Fair (Studio)	<b>See You Next Time !!</b>
<b>5.00pm</b> Showers <b>6.00pm</b> DINNER (HQ) <b>7.00pm</b> Night Activity County Fair (Studio)	<b>9.00pm</b> Campfire	<b>9.00pm</b> Campfire



**Please complete the attached permission slip, emergency contact  
and medical information and return to office by  
Friday 16th October 2020**

**1) PERMISSION SLIP**

**KAHIBAH PUBLIC SCHOOL - YEAR 5/6 GABC EXCURSION 2020**

Please tick appropriate boxes.

I give permission for my child ..... of class .....  
to attend the Year 5/6 Great Aussie Bush Camp Excursion from Monday 26 October- Wednesday 28  
October 2020.

Parent Name: .....

**\*\*\*Parent Signature..... Date: .....**

**Overnight excursions - response**

I understand that my son / daughter will stay overnight at Great Aussie Bush Camp,  
Tea Gardens.

**Water Activities - response**

I advise that my child is a: *(please tick one)*

strong swimmer     average swimmer     poor swimmer     non-swimmer

I **give / do not give** permission for my child to participate in the water or swimming activities.

Any student who is not permitted to go in the water will not take part in any water activities.

All water activities will take place at: Great Aussie Bush Camp, Tea Gardens: raft building & Lost Mud World Challenge.

**\*\*\*Parent Signature..... Date: .....**

**PG Movies - response**

I **give / do not give** permission for my child to participate in watching PG movies selected by the teachers during this excursion.

**\*\*\*Parent Signature..... Date: .....**

## 2) EMERGENCY CONTACT AND MEDICAL INFORMATION

STUDENT NAME: \_\_\_\_\_ DOB \_\_\_\_\_

If your child is on any medication at the time of the excursion, please hand it to the teacher, labelled with their name and written dosage requirements. Inhalers should remain with the child.

My son / daughter **does / does not have** special needs (please provide full details and include any relevant medical details on the attached *Medical information form*)

### Great Aussie Bush Camp Excursion Medical Information

<b>Parent or caregiver contact details</b> Name: _____ Address: _____ Phone - Home: _____ Work: _____ Mobile: _____			
<b>Doctor contact details and Medicare number</b> Name: _____ Doctor's telephone: _____ Medicare Number: _____ Expiry: _____ Position on card: _____			
<b>Emergency contact(s) details – nominated by the parent or caregiver as an alternate contact</b> Name: _____ Phone: _____ Mobile: _____ Name: _____ Phone: _____ Mobile: _____			
<b>List existing medical conditions or illnesses (include asthma, diabetes, epilepsy, allergies etc). Outline the treatment for each. (Attach a letter if needed)</b>			
<b>Outline special dietary needs including possible reaction to inappropriate diet e.g. peanuts</b>			
<b>Medication(s), to be administered during the excursion.</b>			
Name of Medication	Instructions for administration	Time of Administration	Any possible reactions

Please answer the following medical questions regarding your son/daughter.

1) Is your child in good health? Yes/No

2) Has your child suffered from any acute illness during the past four months?

Yes/No If yes, please specify:.....

3) Has your child had any major surgery (knee, back, heart, etc.) ? Yes/No

If yes, please specify:.....

4) Has your child been treated by a doctor during the last 4 weeks? Yes/No

If yes, please attach a doctor's report with instructions about medical treatment and certificate stating that the participant is fit to attend.

5) Does your child:

Wet the bed? Yes/No

Sleep walk? Yes/No

6) Do you give permission for Panadol to be administered to your child if required? Yes/No

7) Is your child allergic to antibiotics or other medication? Yes/No

8) Is your child immunised against tetanus Yes/No

\*\*\*Signature: ..... Date:.....

**Privacy Advice**

The information provided on..... (child's name)

by..... (parent's name) is being obtained for the purpose of care of the child while on the Great Aussie Bush Camp Excursion.

It will be used by the supervising teachers for care of the child while there.

Other persons and/or agencies that will be provided with this information are emergency service providers for the purpose of care of the child while at camp. Provision of this information is required by law. It will be stored securely. If you do not provide all or any of this information, your child will be unable to attend the excursion.

You may correct any personal information provided at any time by contacting Kahibah Public School on 49 434501.

**Behaviour Contract of child attending excursion**

**Child's Name:** .....

I promise that I will obey all the rules of the school and specific rules relating to this excursion, especially those relating to safety. I will not leave the group without permission and will stay under the direct supervision of members of Kahibah Public School staff at all times.

I will demonstrate the school core values of ***Respect, Responsibility and Excellence*** by;

- **Showing respect** – for myself, others, property and the environment;
- **Accept responsibility** – for all I say and do; and
- **Strive for excellence** – in my behaviour and learning.

**\*\*\*Parent Signature..... Date: .....**

**\*\*\*Student Signature..... Date: .....**

**Souvenir Shop**

The Great Aussie Bush Camp has its own souvenir shop located on site. Prior to departure, the students may choose to browse the variety of memorabilia items available. The shop offers small and larger souvenir items at prices ranging from \$1.00 up to \$10.00. Please note that there are no EFTPOS facilities available.